



As you know, some things are beyond your control. For example, some bodies are just better built for speed or strength than others. Some people are destined to be world class sprinters while others aren't born with tremendous speed. However, that's the beauty of soccer, whether you're short or tall, fast or slow, there's still a place for you in the game if you train hard and take care of your body.

'I eat football, I sleep football. I breathe football. I'm not mad, I'm just passionate'.- Thierry Henry

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
FRIDAY	SATURDAY	SUNDAY	HAVE YOU?
			<p>Taken part in a street soccer environment at school or home?</p> <p>Street soccer refers to the various kinds of pickup soccer games played in parks, gyms and in streets and alleys around the world. Young players in the top soccer-playing nations have sufficient opportunities to experiment with the game without adult supervision.</p>

Additional Activities for the week that improved your soccer ability: